



CERTIFIED HOSPITAL - AIMING AT EXCELLENCE



### MISSION STATEMENT

To provide excellent services to the poor rural community and those in need in a transparent and accountable manner.

### Infrastructure

Incinerator for the hospital waste and other hazardous residues complying with EU and EPA emission standards  
Guesthouse: receive visitors from all over the world and comprises of 10 self contained rooms (shower, toilet) with a capacity of 14 beds.  
Access to Internet Café

### Community Empowerment

#### Water supply & Sanitary Facilities

Digging boreholes, Building and drilling of wells  
Teaching a rational utilisation of water, Construction of pit latrines

#### Support for People living with HIV/AIDS

Provision of animals  
Distribution of soy and groundnuts seeds

#### Provision of Transport

Ambulance Service  
Bicycles services from the main road to outbound rural communities

#### Mobile clinic

Diagnosis and monitoring of children in the villages

#### Community mobilisation

Information programmes: health, nutrition, HIV-AIDS prevention  
Training for farming and animal-rearing.

#### Education

Support of Namtete Primary School

### Contact

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Dr. Kurt Heim - Head of Surgery (kurt.heim@gmx.de)  
Ms Hilda Kamera - Head of Nursing (hildakamera@gmail.com)  
Sister Justina Morn - Sister in Charge (flocki.morn@gmail.com)  
For general enquiries: administrator@stgabrielsmw.org

If you wish to donate:

#### Fondation Ste Zithe / Luxembourg

Banque et Caisse d'Epargne de l'Etat  
BIC: BCEELULL  
IBAN: LU47 0019 1300 1330 3000

#### Pax-Bank Trier / Germany

account number: 30 220 220 15  
bank code: 370 601 93  
BIC: GENODED1PAX  
IBAN: DE33 3706 0193 3022 0220 15

St Gabriel's Hospital  
Namtete



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fondation   
ste zithe

32, rue Ste Zithe  
L-2763 Luxembourg  
www.zitha.lu



## Location and Catchment Area

- situated 60 km away from Lilongwe Capital
- serves 250,000 people in the surroundings of Namitete in mostly rural areas
- patients arrive from Lilongwe and other parts of Malawi as well as Zambia and Mozambique for specialised diagnoses and medical treatments.
- most of the patients live from subsistence farming - half of Malawi's population has an income of less than 1 US-Dollar per day.

St. Gabriel's Hospital was founded by Carmelite Sisters from Luxembourg under the Dioceses of Lilongwe. The Management Team is headed by Director Dr. Athanase Kiromera under the guidance of the Board of Governors.

St. Gabriel's Hospital is co-financed by the State of Malawi via CHAM (Christian Health Association of Malawi), by the Fondation Ste Zithe Luxembourg (Carmelite Sisters), by the foundation "Hilfe für Malawi - Zikomo" and by the NGO "Eng open Hand fir Malawi" (both Carmelite Sisters) and many generous donors from the USA, Canada and several European countries. It has also received an award from the World Bank and a grant from Diana Princess of Wales Memorial Fund.

## Core Services - St. Gabriel's Hospital

### Adult Care (12.000 admissions)

- Malaria
- Respiratory tract infections
- HIV / AIDS
- Cardio-vascular diseases
- Anemia

### Paediatric

- Malaria
- Respiratory tract infections
- Anemia
- Malnutrition
- Gastroenteritis

### Outpatient Department (OPD)

- more than 40,000 patients per year
- Daily Walk-In Clinic
- HIV Testing, Malaria Tests, TB-Tests
- 1,350 AIDS patients on regular follow-up with ARV-drugs

### Surgery (Senior European Surgeon)

- Trauma surgery
- Orthopedic surgery
- Visceral surgery
- Live saving surgery available 24/7

### Maternity

- 3,500 deliveries per year
- 2,500 normal deliveries
- 500 caesarian sections

### Endoscopy

- 600 procedures per year
- Peptic Ulcer diseases
- Esophagus Cancer, Stomach Cancer

## Supportive Services

### Pharmacy

- Supply of quality drugs for in-and outpatients
- Provision of anti-retroviral drugs for HIV patients

### Laboratory

- Routine Malaria Tests and Hematology
- Biochemistry with modern lab equipment
- TB Microscopy
- HIV/CD4 Count / Viral Load

### Antenatal

- 5000 pregnant women per year
- Provision of Iron and food supplement
- Malaria prevention with SP and distribution of mosquito nets
- Tetanus vaccines and intestinal parasite treatments

### Under-Five Clinic

- 14,000 children attend the under-five clinic per year
- weight monitoring
- immunisation
- Food counselling (supplementary nutrition for malnourished children)

### Homebased Palliative Care

- most of the patients suffer from Cancer, HIV/AIDS and Cardio-vascular diseases